

# Chesapeake VIRGINIA Parks, Recreation & Tourism

## 42nd Annual 50+ Chesapeake Games

### Participant Information & Registration Guide



## April 22-27, 2024

Join us for the  
**Opening Ceremonies!**

**Monday, April 22, 2024**

**10 a.m. - Noon**

**Indian River Community Center  
2250 Old Greenbrier Road, 23325**

\* Guest Speakers \* Finalize Registration \*  
\* Light Refreshments \* T-Shirt and Credential Pick Up \*



## OPEN TO EVERYONE IN COASTAL VIRGINIA AGES 50+



**Sponsored in part by:**



Check us out online - [CityOfChesapeake.net/seniorprograms](http://CityOfChesapeake.net/seniorprograms)

**2024**

## **SCHEDULE OF EVENTS**

**CIRCLE THE EVENTS YOU REGISTER FOR AND KEEP THIS SHEET FOR YOUR RECORDS!**

### **Monday, April 22**

Indian River Community Center  
2250 Old Greenbrier Road, 23325  
10:00 a.m. – Noon

#### **Opening Ceremonies**

10:00 a.m. - T-Shirt and Credential Pick-Up  
Refreshments  
11:00 a.m. - Program: Sheriff's Honor Guard,  
Introductions, Guest Speaker, Slide Show  
11:45 a.m. - Noon - Exercise Demo  
**Let The Games Begin!**

### **Tuesday, April 23**

Chesapeake City Park  
900 City Park Drive, 23320  
10:00 a.m. – Horseshoes

### **Wednesday, April 24** **Portlock Day**

Portlock Senior Center, 1114 Freeman Avenue, 23324  
9:00 a.m. – Billiards  
  
South Norfolk Community Center  
1217 Godwin Avenue, 23324  
10:00 a.m. – Corn Hole  
Noon - Lunch for Athletes

### **Thursday, April 25**

Indian River Community Center  
2250 Old Greenbrier Road, 23325  
10:00 a.m. - Table Tennis

### **Friday, April 26** **Indoor Games**

Indian River Community Center  
2250 Old Greenbrier Road, 23325  
\*Medal Ceremony to Follow Events\*

9:00 a.m. – Basketball Free Throw  
10:00 a.m. – Darts  
11:00 a.m. – Frisbee Bowling  
Noon – Lunch for Athletes

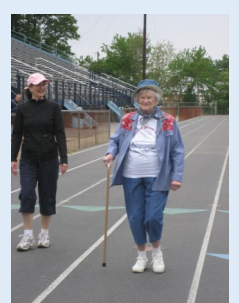
### **Saturday, April 27** **Outdoor Games**

Indian River High School, 1969 Braves Trail, 23325  
\*Medal Ceremony to Follow Events\*

8:30 a.m. – Instructions and Warm Up  
9:00 a.m. – Walking Events (50m, 100m, 400m)  
10:00 a.m. – Softball Throw  
Softball Hit  
10:30 a.m. – Running Events (50m, 100m)  
11:00 a.m. – Punt, Pass, Kick  
11:45 a.m. – Frisbee Throw  
Noon – Shot Put  
12:15 p.m. – Discus Throw  
12:30 p.m. – Standing Long Jump  
12:45 p.m. – Running Long Jump

\*Interested in trying something new? Want to warm-up before The Games? 'OPEN PLAY' is available for many of these events at your nearest Park or City Community Center! For times and locations, please call 757-382-6411 or check us out online at [CityOfChesapeake.net/PRT](http://CityOfChesapeake.net/PRT)

## **The Games: 41 Years of Proud Competition**



# 42nd Annual 50+ Chesapeake Games April 22-27, 2024

## TO REGISTER:

Complete form, detach and drop-off **by April 8, 2024** to any City of Chesapeake Community Center, Rokeby Center, Senior Club President, or MAIL to:  
Parks, Recreation and Tourism, 1224 Progressive Drive, Chesapeake, VA 23320,  
Attn: Senior Programs Staff

**City staff members are here to assist you. If you require any special accommodations or have any questions, please call 757-382-6411.**

<b>FULL NAME:</b> <b>PLEASE PRINT</b>			<b>Phone:</b>	
<b>Email:</b>				
<b>Full Address:</b>			<b>Zip Code:</b>	
<b>T-SHIRT SIZE:</b> Please Check One →	<input type="checkbox"/> SMALL <input type="checkbox"/> MEDIUM <input type="checkbox"/> LARGE <input type="checkbox"/> X-LARGE <input type="checkbox"/> XX-LARGE <input type="checkbox"/> XXX-LARGE	<b>Age Group:</b> Please Circle One →	(50-54)   (55-59)   (60-64) (65-69)   (70-74)   (75-79) (80-84)   (85-89)   (90+)	
<b>Emergency Contact Name and Phone # :</b>				
<b>Gender:</b> Please Check one →	<input type="checkbox"/> MALE <input type="checkbox"/> FEMALE	<b>DATE OF BIRTH:</b> →	Month   Day   Year /     /	

### HOLD HARMLESS- ASSUMPTION OF RISK FORM

I, \_\_\_\_\_ a participant in the 50+ Chesapeake Games agree that I shall indemnify and save harmless the City of Chesapeake, the Department of Parks, Recreation and Tourism for the City of Chesapeake, the 55 and Better Program for the City of Chesapeake, and the Chesapeake Public School System, employees and their assigns from and against all claims, damages, losses, actions, liabilities, and expenses for any and all that I participate and assume and understand the risks associated with my activities at, and during, the 2024 50+ Chesapeake Games Program.

**Open to Everyone in Coastal Virginia Ages 50+!**

PRINT FULL NAME:		Tuesday April 23	Wednesday April 24	Thursday April 25	Friday April 26	Saturday April 27 Track and Field Instructions and Warm-up; 8:30a.m.
9:00 a.m.			<input type="checkbox"/> Billiards		<input type="checkbox"/> Basketball Free Throws	<input type="checkbox"/> Walking <input type="checkbox"/> 50m <input type="checkbox"/> 100m <input type="checkbox"/> 400m
10:00 a.m.	OPENING CEREMONIES	<input type="checkbox"/> Horseshoes	<input type="checkbox"/> Corn Hole	<input type="checkbox"/> Table Tennis	<input type="checkbox"/> Darts	<input type="checkbox"/> Softball Throw <input type="checkbox"/> Softball Hit <input type="checkbox"/> Running <input type="checkbox"/> 50m <input type="checkbox"/> 100m ..... <input type="checkbox"/> Football Punt, Pass, Kick <input type="checkbox"/> Frisbee Throw
11:00 a.m.					<input type="checkbox"/> Frisbee Bowling	..... <input type="checkbox"/> Shot Put <input type="checkbox"/> Discus <input type="checkbox"/> Standing Long Jump <input type="checkbox"/> Running Long Jump
12:00 p.m.			Lunch For Athletes		Lunch For Athletes	

FOOD TRUCK ON-SITE APRIL 27  
(FOOD FOR PURCHASE)

FREE SNACKS AND WATER  
PROVIDED DAILY

RAIN DATE FOR TRACK AND FIELD MAY 11